

538 VULTURE STREET EAST, EAST BRISBANE QLD 4169

# EAST BRISBANE COMMUNITY CENTRE **2023 SUMMER NEWSLETTER**

# **WELCOME FROM THE EXECUTIVE OFFICER:** JONNIE ERICA TIMMERMANS

I care deeply about social justice and providing services that help individuals excel, support each other, and reinforce a prosperous and inclusive society. There is no doubt that the fulfilment I have experienced over the past

12 years in leading such a passionate, creative organisation has far outweighed the challenges we have faced in the community sector. I am excited for the East Brisbane Community Centre's 2023 programs that will have a positive impact on the quality of life for people.

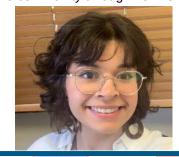


# **MEET OUR NEWEST EBCC TEAM MEMBER**

Fran is passionate about community engagement and is excited to launch new programs and events available for the public.

All you need to know about Fran, is that she cannot live without her daily doses of coffee, she has a big sweet tooth, and she has recently gotten into climbing which has become her current obsession!

Fran joined the EBCC team in late January this year. She will be developing and running programs in the community centre, as the newest Community Services Coordinator. She hopes to make a social impact within the East Brisbane community through her work at EBCC.



# FIRST THRIFTY OPENING OF THE YEAR!

#### SATURDAY 25TH FEBRUARY: 9AM -2PM





Find yourself some affordable hidden treasures like a beautiful pair of shoes, an engrossing novel, some guirky bits & bobs and much, much more!

Not to mention, purchasing secondhand goods is a great way to reduce waste ending up in landfill.

All proceeds will be put back into the community centre so that we can provide quality services to our community.

*Merlo Coffee Roasters* will kindly offer FREE coffees, teas and hot chocolates on the day to our lovely Thrifters! We hope to see you there!

> Follow us on our Instagram @ebccthriftshop for all Thrifty upates!

# **BOOK WORMS**



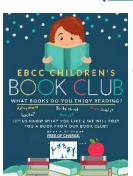
# **EXPRESS YOUR INTEREST: BOOK EXCHANGE FOR ADULTS**

Would you be interested in a book exchange event at our EBCC book room?

Let us know via email: communityservices@ebcc.com.au



# **CHILDREN'S BOOK CLUB** (AGES 6-12 YEARS)



If you have children who are book worms and are in need of new reading material, please send us an email at

communityservices@ebcc.com.au , outlining the following:

1. Name of child: 2. Postal address: 3. What books does your child enjoy reading?

We'll send the surprise book off as soon as we can. Keep an eye out for a parcel in the mail!

### All programs and events listed are FREE OF CHARGE.

For booking and enquiries please contact us on communityservices@ebcc.com.au or **0487 172 164.** Follow us on Instagram @eastbrisbanecommunitycentre for updates!



### COMING UP AT EBCC



**MARCH HIGHLIGHT: EVERYDAY MAKEUP WITH MEGHAN CLARE** 

SATURDAY 25TH MARCH: 10AM - 12PM



Applying makeup can be tricky business especially if you don't know how to accentuate your natural beauty.

Come along to our 'Everyday Makeup' workshop, where Megan will help you gain a better understanding of how to apply makeup in a way that suits you.

Join us afterwards for a bit of socialising and light refreshments!

# **APRIL HIGHLIGHT:** WOOD CARVING WORKSHOP WITH THERESA DARMODY

SATURDAY 1ST APRIL: 10AM - 1PM



Wood carving is a beautiful artistic technique allowing you to transform a raw material into durable and useful items.

Join us and learn how to carve a spoon with the guidance of the creative and talented Theresa Darmody!

We will follow this workshop with light refreshments and finger food.

# **REGULAR PROGRAMS**

## **GREEN THUMBS CLUB** THURSDAY 16TH & 23RD FEBRUARY: 10AM - 12PM

Here at EBCC we are starting our sustainability journey this year by revamping our garden and re-introducing worms into our worm farm.

We want your help in planting veggies, herbs, native plants, and welcoming our new worm friends into the centre's garden.



Join our Green Thumbs Club and enjoy the benefits of gardening!

## YIN YOGA MEDITATION MORNING TEA **SATURDAY 18TH FEBRUARY & 18TH MARCH:** 9AM - 11AM



Take some time to nurture your wellbeing and mental health, and join us for a relaxing and meditative Yin Yoga session followed by a morning tea! Sessions will be guided by the lovely Nikki Reed.

# **PLAY SESSIONS:** ARTY GARDENING PLAYGROUP **WEDNESDAY 22ND FEBRUARY:** 9:30AM - 11:30AM







Bring your child(ren) along to our first play session of the veár, where we will be:

- Planting seedlings in the community garden
- Making labels for the seedlings
- Outdoor fun, including bubble play and painting!

We will follow these fun activities up with some healthy snacks for all our hard working little gardeners!