

EAST BRISBANE COMMUNITY CENTRE 2023 AUTUMN NEWSLETTER

FRIENDS OF EBCC

EBCC has had a great start to the year with lots of memorable highlights!

We had loads of fun hosting special workshops for our community members, including 'Everyday Makeup with Meghan Clare' and 'Wood Carving with Theresa Darmody'.

Through our regular programs we have met some of our lovely neighbours who have now become our friends. We hope to meet more of you in the months to come!

Unfortunately, we also had to say goodbye to Ed, one of our dear friends. He definitely made a positive impact on the lives of those who knew him. We will always remember Ed as our friendly and quirky neighbour and we will miss him dearly.



NEXT THRIFTY OPENING

SATURDAY 17TH JUNE: 9AM -2PM





We are back at it again! Join us for another Thrifty opening.

We have lots of new stock available. PLUS *Merlo Coffee Roasters* are once again very generously offering **FREE** coffee, tea and hot chocolate to customers from **9am -12pm**.

It'll be a shame if you missed out!

Follow us on our Instagram @ebccthriftshop for all Thrifty upates!

EXPRESS YOUR INTEREST

CHILDREN'S BOOK CLUB (AGES 6-12 YEARS)



If you have children who are book worms and are in need of new reading material, please send us an email at communityservices@ebcc.com.au outlining the following:

Name of child:
 Postal address:

3. What books does your child enjoy reading?

We'll send the surprise book off as soon as we can. Keep an eye out for a parcel in the mail!

COMPUTER & JOB TRAINING SESSIONS



Are you in need of some extra help in improving your computer skills and job readiness?

We can create lesson plans specific to your needs and provide you with one-on-one sessions.

CONTACT US TO SCHEDULE IN A SESSION!

COMING UP AT EBCC

ALL PROGRAMS AND EVENTS LISTED ARE
FREE OF CHARGE.
FOR BOOKING AND ENQUIRIES PLEASE
CONTACT US ON
COMMUNITYSERVICES@EBCC.COM.AU OR 0487 172 164.

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APRIL HIGHLIGHT: KOKEDAMA WORKSHOP WITH MIKIKO

SATURDAY 29TH APRIL: 10AM - 12PM



"Kokedama" is a Japanese term that translates to moss ("Koke") ball ("dama").

Kokedama is a centuries-old form of garden art which is similar to the practice of bonsai.

This session will be instructed by the lovely Mikiko. She has worked as a florist in Japan, Canada and Bermuda for over 18 years.

Join us afterwards for some socialising and morning tea.



MAY HIGHLIGHT: VEGAN COOKING CLASS & LUNCH WITH MIKE

SATURDAY 20TH MAY: 11AM - 1:30PM





Learn how to make vegan Greek cuisine with our friend Mike!

EBCC will be providing all the cooking utensils and ingredients that you will need. Feel free to bring a container to take any leftovers home.

Join us for a shared lunch afterwards!

REGULAR PROGRAMS

EAST BRISBANE COMMUNITY CENTRE
WALKING PALS
EVERY TUESDAY: 9AM -9:45AM





EBCC is now part of the Heart Foundation Walking network.

Walking is a great way to get your body moving PLUS walking with others can turn exercise into an enjoyable and social experience!

Join the 'East Brisbane Community Centre Walking Pals' on our weekly walks and talks. We will also share some morning tea afterwards at the community centre.

GREEN THUMBS CLUB EVERY THURSDAY: 9:30AM - 11:30AM

Come spend your Thursday mornings gardening and socialising with us!

Morning tea is provided.



YIN YOGA MEDITATION & MORNING TEA WITH NIKKI REED



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APRIL DATE:

• SATURDAY 15TH
9AM-11AM

MAY DATE:

SATURDAY 13TH

9AM-11AM

PLAY SESSION: GIFT-MAKING FOR MOTHER'S DAY WEDNESDAY 10TH MAY: 9:30AM - 11:30AM

We will be getting arty and crafty!

EBCC will be providing all the equipment needed to make the perfect gift for mum.

We'll also have story time, and snacks available for both parents and children.

